## **Native Groundcovers of NC**

Native species are those that occur naturally in an area. They are better adapted to local conditions requiring less care once established. Native plants support our native wildlife, in particular our birds, butterflies and bees (pollinators). Introduced plants may become invasive, outcompeting the natives and not providing the food and cover our native wildlife depends on.

The native plants below are all perennials and should return each year if planted properly. They all attract pollinators, provide a food source, and are available commercially. If your local nursery does not sell these native plants – encourage them to do so!

**North Carolina** 

**Native Plant Society** 

| Common<br>Name                                   | Scientific<br>Name                | Bloom<br>Time/Color                   | Area Best                                | Planting<br>Needs                                       | Native Notes  |
|--|-----------------------------------|---------------------------------------|--|---|---|
| Green-and-<br>gold                               | Chrysogonum<br>virginianum        | <b>Spring</b> ,<br>or later<br>yellow | Piedmont<br>Coast and<br>Mountains       | Part sun-part<br>shade; average<br>to dry soil          | Evergreen; great as<br>ground cover; deer<br>resistant  |
| Plantain<br>Pussytoes                            | Antennaria<br>plantaginifolia     | <b>Spring</b> ,<br>whitish            | Piedmont,<br>Mountains,<br>Coastal Plain | Mostly sun;<br>well-drained,<br>non-rich soils          | May be only<br>somewhat<br>evergreen;<br>spreads by stolons   |
| Partridge-<br>berry                              | Mitchella<br>repens               | Spring,<br>Summer,<br>white           | Piedmont,<br>Mtn. Coastal<br>Plain       | Mostly shade;<br>acidic soil                            | Plants less than 1 inch; keep debris from covering; berries may persist a year                        |
| Mountain<br>Stonecrop                            | Sedum<br>ternatum                 | Late Spring,<br>white                 | Piedmont,<br>Mountains                   | Shade;<br>well-drained<br>non-rich, less-<br>acid soils | Loves thin soil<br>over rocks; do not<br>overwater  |
| Mountain<br>Pachysandra,<br>Allegheny-<br>spurge | Pachysandra<br>procumbens         | Late Winter,<br>white                 | Mountains,<br>(rare in the<br>wild)      | Shade;<br>less acid<br>soils; tolerates<br>flooding     | Great for choking<br>out other plants;<br>slow to establish;<br>beautiful mottled<br>evergreen leaves |
| American<br>Alumroot                             | Heuchera<br>americana             | <b>Spring</b> ,<br>white              | Piedmont,<br>Mountains                   | Shade;<br>moist-average<br>soils                        | Drought tolerant  |
| Dwarf Lobed<br>Coreopsis                         | Coreopsis<br>auriculata<br>'Nana' | Late Spring,<br>yellow-<br>orange     | Piedmont,<br>Mountains,<br>Coastal Plain | Sun;<br>average, drying<br>soils                        | This dwarf form<br>spreads densely;<br>wild type is upright   |

| Common<br>Name                   | Scientific<br>Name                                      | Bloom<br>Time/Color                           | Area Best                                | Planting<br>Needs  | Native Notes  |
|----------------------------------|---|---|--|--|---|
| Northern<br>Barren<br>Strawberry | Waldsteinia<br>fragarioides<br>[= Geum<br>fragarioides] | <b>Spring</b> ,<br>yellow                     | Piedmont,<br>Mountains                   | Mostly shade;<br>non-rich,<br>well-drained,<br>acidic soil | Spreads well<br>in dryish soil;<br>do not over-water  |
| Foamflower                       | Tiarella<br>cordifolia                                  | <b>Spring</b> ,<br>white to<br>pinkish        | Piedmont,<br>Mountains,<br>Coastal Plain | Mostly shade;<br>rich, well-<br>drained soils              | Some forms spread<br>by stolons; others<br>clump-forming;<br>several hybrids<br>exist with marked<br>leaves |
| Creeping<br>Phlox                | Phlox<br>stolonifera                                    | <b>Spring</b> ,<br>White, pink,<br>purple     | Piedmont,<br>Mountains                   | Mostly shade;<br>well-drained,<br>rich soils               | Wood phlox, <i>P.</i> divaricata is another good similar species  |
| Moss Phlox                       | Phlox<br>subulata                                       | <b>Spring,</b><br>white,<br>shades of<br>pink | Piedmont,<br>Mountains                   | Sun; very<br>well-drained<br>soils                         | Makes a striking<br>show in masses;<br>Phlox nivalis<br>is similar and<br>more heat tolerant                |
| Golden<br>Ragwort                | Packera<br>aurea<br>[= Senecio<br>aureus]               | <b>Early</b><br><b>Spring,</b><br>yellow      | Piedmont,<br>Mountains                   | Mostly shade;<br>very moist to<br>average soils            | Excellent vigorous<br>groundcover;<br>tolerates temporary<br>wet feet; cut back<br>after flowering          |
| Robin's-<br>plantain             | Erigeron<br>pulchellus                                  | Early<br>Spring,<br>white                     | Piedmont,<br>Mountains,<br>Coastal Plain | Mostly shade;<br>moist, well-<br>drained soil              | Large round leaves are flat on the ground   |
| Common<br>Wild Ginger            | Asarum<br>canadense                                     | Spring,<br>brown<br>(hidden)                  | Piedmont,<br>Mountains,<br>Coastal Plain | Mostly shade;<br>moist-average<br>soils, can<br>tolerate   | Deciduous; spreading;<br>may spread seeds;<br>creeping stem,<br>smells like ginger                          |

Create a native garden in your yard, and help sustain our native plant and pollinator populations.

Do your homework to make sure you choose native plants suited to your site conditions.

With proper planting and care, these perennials will become established in your yard.

