

NC Natives by Season and Color

North Carolina Native Plant Society

| | Common Name | Species | Recommended Cultivars | | Comments | Wildlife |] |
|--------|-------------------------|-----------------------------|--|-------|-----------------|----------------|---------------|
| SPRING | Green-and-gold | Chrysogonum virginianum | 'Allen Bush' | PS | Ground cover | | YELLOW |
| | Celandine-poppy | Stylophorum diphyllum | | PS | Shady border | | |
| | Large-flowered Bellwort | Uvularia grandiflora | | PS | | | |
| | Cross-vine | Bignonia capreolata | 'Dragon Lady' 'Tangerine Beauty' | PS | Head in the sun | НВ | |
| | Foamflower | Tiarella cordifolia | 'Spring Symphony' 'Brandywine' | PS | Ground cover | | WHITE |
| | Large-flowered Trillium | Trillium grandiflorum | | PS | | | |
| | Atamasco-lily | Zephyranthes atamasco | | PS | Moist | | |
| | Eastern Shooting Star | Primula meadia | | PS | Less acid soil | | |
| | Bloodroot | Sanguinaria canadensis | | PS | | | |
| | Blue Phlox | Phlox divaricata | 'Clouds of Perfume' 'London Grove Blue' | PS | | BF | BLUE |
| | Virginia Bluebells | Mertensia virginica | | PS | | | |
| | Wideleaf Blue-stars | Amsonia tabernaemontana | 'Blue Ice' | PS | | | |
| | Easterm Columbine | Aquilegia canadensis | 'Canyon Vista' 'Little Lanterns' | F PS | Seeds around | НВ | RED ORANGE |
| | Sweet-shrub | Calycanthus floridus | | PS | Shrub/ suckers | | |
| | Eastern Redbud | Cercis canadensis | 'Tennessee Pink' | F, PS | Tree | | |
| | Flame Azalea | Rhododendron calendulaceum | | PS | Shrub | BF | |
| | Common Black-cohosh | Actaea racemosa | | PS | | | WHITE |
| | Tall White Beardtongue | Penstemon digitalis | 'Husker Red' | F PS | | BF | |
| | Solomon's-seal | Polygonatum biflorum | | PS | | | |
| | Goat's-beard | Aruncus dioicus | | PS | | | |
| | Longstalk Coreopsis | Coreopsis lanceolata | | F | | BF | YELLOW |
| | Black-eyed Susan | Rudbekia fulgida | 'Early Bird Gold' 'Little Gold Star' | F | | BF | |
| Œ | Narrowleaf Sunflower | Helianthus angustifolius | 'Low Down' | F | | BF | |
| | Sundrops | Oenothera fruticosa | 'Fireworks' | F PS | | BF | |
| SUMM | Gayfeather | Liatris spicata | 'Kobold' | F | | BF | BLUE PURPLE |
| | Purple Giant-hyssop | Agastache scrophulariifolia | 'Blue Boa' 'Blue Fortune' | F | | Bees | |
| | Stokes Aster | Stokesia laevis | 'Peachey' | PS | | | |
| | Azure Sage | Salvia azurea var. azurea | | F | Late summer | BF and Bees | |
| | Downy Woodmint | Blephilia ciliata | | F PS | | Bees | |
| | Indian-pink | Spigelia marilandica | | PS | | НВ | 0 |
| | Butterflyweed | Asclepias tuberosa | 'Gay Butterflies' | F | | BF | RED |
| | Coral Honeysuckle | Lonicera sempervirens | 'Major Wheeler' 'John Clayton' | F | Vine | НВ | GE |

BF = Butterfly

HB = Hummingbird

F = Full Sun PS = Part Sun, esp. morning sun S = Shade

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All of these native plants are perennials and should return each year if planted properly. They all attract pollinators, provide a food source, and are available commercially. If your local nursery does not sell these native plants – encourage them to do so!

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|------|------------------------------------|---|---|------|---------------|----------|--------------------|
| | Rough Goldenrod | Solidago rugosa | 'Fireworks' | F | | | YELLOW |
| | Wreath Goldenrod | Solidago caesia | 'Creel's Gold' | PS | | | |
| | Oxeye Sunflower | Heliopsis helianthoides | 'Summer Sun' | F | | | |
| | Bushy St. John's-wort | Hypericum densiflorum | | F | Shrub | | |
| | Common White Heart-leaved Aster | Eurybia divaricata | 'Eastern Star', 'Raiche' 'Silver Spray' | S | | | WHITE |
| | White Turtlehead | Chelone glabra | 'Black Ace' | PS | | | |
| \L | White Snakeroot | Ageratina altissima | 'Chocolate' | F PS | | BF | |
| FA | Meadow Bottle Gentian | Gentiana clausa | | PS | | | <u> </u> |
| | E. Aromatic Aster | Symphyotrichum oblongifolium | 'October Skies' | F | | BF | BLUE RED ORANGE |
| | Great Blue Lobelia | Lobelia siphilitica | 'Ruby Slippers' | PS | | BF | |
| | Cardinal Flower | Lobelia cardinalis | | PS | Moist soil | НВ | |
| | Heart's-a-bustin' | Euonymus americanus | | PS | Shrub | | |
| | Pink Turtlehead | Chelone Iyonii | 'Hot Lips' | PS | | | |
| | Hair-awn Muhly | Muhlenbergia capillaris | | F | Grass | | |
| | Christmas Fern | Polystichum acrostichoides | | PS S | Evergreen | | FERNS |
| | Southern Lady Fern | Athyrium asplenioides | | S | | | |
| | Fancy Fern | Dryopteris intermedia | | S | Evergreen | | |
| 1E | Marginal Woodfern | Dryopteris marginalis | | S | Evergreen | | |
| TIME | Northern Maidenhair | Adiantum pedatum | | S | | | |
| ANY | Heartleaf Ginger | Hexastylis shuttleworthii, Hexastylis arifolia | 'Calloway' | S | Evergreen | | |
| | Common Wild Ginger | Asarum canadense | | S | Not evergreen | | GREEN |
| | American Alumroot | Heuchera americana | 'Dale's Strain' | S | Evergreen | | Z |
| | Little Bluestem | Schizachyrium scoparium | 'The Blues' | F | Grass | | |

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Native species are those that occur naturally in an area. They are better adapted to local conditions requiring less care once established. Native plants support our native wildlife, in particular our birds, butterflies and bees (pollinators). Introduced plants may become invasive, outcompeting the natives and not providing the food and cover our native wildlife depend on.

When you create a native garden in your yard, you help sustain our native plant and pollinator populations. Make sure you choose native plants suited to your site conditions. With proper planting and care, these perennials will become established in your yard.